DANNIE-LU CARR

Leadership & Creativity

Professional Development Programmes

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Programme Delivery

All programmes are highly flexible and can be delivered as 45-90 minute workshops, half-day sessions (3-4 hours), full-day programmes (6-8 hours) or longer intensives.

Each programme is tailored to your organisation's unique challenges, objectives and participant needs.

Delivery partners include: Senior leadership teams, executive and team development programmes, business schools and universities across all sectors.

Available both virtually and in-person, worldwide.

Contents

1 Assertiveness

1 Creative Thinking Skills

2 Critical Thinking Skills

2 Finance Storytelling

3 Leadership Development

3 Managing Change

4 Negotiation

4 Neurodiversity at Work

5 1:1 Executive Coaching

5 Personal Impact & Presence

6 Presentation Skills

6 Resilience & Effectiveness

7 Strategic Communication

7 Team Building

8 Team Cohesion

8 Time Management

9 Women in Leadership

Assertiveness

Participants: Up to 12 | **Delivery:** In-person or virtual

Develop authentic assertiveness that builds cohesion, communicate confidently in challenging situations, set healthy boundaries, and influence others while maintaining positive working relationships.

You'll learn to: • Distinguish assertiveness from aggression and passivity • Build confidence in challenging conversations • Set and maintain healthy professional boundaries • Navigate workplace politics with integrity • Develop influence and authority

Creative Thinking Skills

Participants: Up to 12 | **Delivery:** In-person or virtual

Unlock creative potential and innovative thinking through real business challenges and practical exercises.

You'll learn to: • Develop creative confidence and break through mental barriers • Access and utilise the creative brain for business solutions • Build team creative intelligence and collaborative innovation • Master rapid ideation and problem-solving techniques • Create compelling cases for creative initiatives

Critical Thinking Skills

Participants: Up to 12 | **Delivery:** In-person or virtual

Develop analytical thinking capabilities and decision-making excellence through practical frameworks.

You'll learn to: • Master systematic approaches to complex decision-making • Identify and mitigate cognitive biases in thinking • Develop robust problem-solving frameworks • Build confidence in uncertainty management • Create personal critical thinking toolkits

Finance Storytelling

Participants: Up to 8 | **Delivery:** In-person or virtual

Transform data-heavy financial presentations into compelling narratives that engage and persuade senior stakeholders.

You'll learn to: • Create compelling financial narratives that drive decision-making • Build credibility while maintaining emotional connection • Master the art of translating complex data into business impact • Develop confident presentation and Q&A skills • Structure insights-driven rather than process-driven presentations

Leadership Development

Participants: Up to 12 | **Delivery:** In-person or virtual

Build authentic leadership capabilities, focusing on vision creation, influence and sustainable team performance.

You'll learn to: • Develop authentic leadership style and executive presence • Create compelling vision and strategic direction • Master influence and stakeholder management • Build high-performing, resilient teams • Navigate complex organisational dynamics with confidence

Managing Change

Participants: Up to 12 | **Delivery:** In-person or virtual

Develop the skills and mindset needed to lead and navigate organisational change effectively while maintaining performance and morale.

You'll learn to: • Understand change psychology and human responses to transition • Develop change leadership and communication strategies • Build personal and team resilience during periods of change • Create effective change implementation and adoption strategies • Master stakeholder management during transformation

Negotiation

Participants: Up to 12 | **Delivery:** In-person or virtual

Master principled negotiation techniques that create value for all parties while achieving optimal outcomes in professional and business contexts.

You'll learn to: • Develop win-win negotiation strategies • Understand negotiation psychology and behavioural dynamics • Build confidence in high-stakes negotiations • Create value rather than merely claiming it • Navigate complex multi-party negotiations

Neurodiversity at Work

Participants: Up to 12 | **Delivery:** In-person (preferred) or virtual

An immersive training experience providing authentic insights through lived experience for organisational excellence.

You'll learn to: • Develop genuine understanding of neurodivergent experiences beyond stereotypes • Create inclusive workplace systems that value diverse cognitive styles • Build practical accommodation and support strategies • Enhance team communication and collaboration across cognitive differences • Establish sustainable organisational change for neurodiversity inclusion

One-to-One Executive Coaching

Duration: Individual 60-90 minute sessions
Format: Virtual or in-person
Structure: Packages of 6 sessions with initial 20-minute consultation

Confidential, personalised coaching designed to refine leadership presence and effectiveness, tailored to individual challenges and career objectives.

Focus areas include: Leadership purpose & vision, executive presence & impact, change leadership, difficult dynamics navigation, performance optimisation, communication excellence, collaboration & team leadership and personal development.

Personal Impact and Presence

Participants: Up to 12 | **Delivery:** In-person or virtual

Develop authentic executive presence and personal impact that commands attention, builds credibility and influences others through genuine confidence and professional gravitas.

You'll learn to: • Build authentic executive presence and professional gravitas • Develop confident communication that commands attention • Master non-verbal communication and body language • Create lasting positive impressions in professional settings • Build influence through personal credibility and authenticity

Presentation Skills

Participants: Up to 6 | **Delivery:** In-person

Master the art of engaging, persuasive presentations that command attention and drive action across all professional contexts.

You'll learn to: • Develop authentic, confident presentation style • Create compelling content that engages diverse audiences • Master vocal dynamics and physical presence • Handle challenging questions and difficult audiences • Build presentations that drive action and decision-making

Resilience and Effectiveness

Participants: Up to 12 | **Delivery:** In-person or virtual

Build personal resilience and operational effectiveness to thrive under pressure while maintaining high performance and well-being.

You'll learn to: • Develop grit, efficiency and speed amidst complexity • Master stress management and pressure performance • Build effective time and task management systems • Create motivation and buy-in in challenging environments • Develop assertive communication under stress

Strategic Communication

Participants: Up to 8 | **Delivery:** In-person or virtual

Transform big-picture vision into specific, actionable strategies that resonate with stakeholders and drive implementation.

You'll learn to: • Bridge the gap between strategy and execution through communication • Translate visionary thinking into concrete action plans • Create compelling business cases with measurable ROI • Maintain stakeholder engagement while delivering complex strategy • Develop accountability frameworks and success metrics

Team Building

Participants: Up to 16 | **Delivery:** In-person

Build high-performing teams through trust development, communication enhancement and collaborative working practices that drive sustainable results.

You'll learn to: • Develop trust and psychological safety within teams • Enhance communication and collaboration effectiveness • Build shared purpose and collective accountability • Create sustainable team performance practices • Establish conflict resolution and problem-solving capabilities

Team Cohesion

Participants: Up to 16 | **Delivery:** In-person

Strengthen team bonds and create unified, cohesive working relationships that enhance both individual and collective performance.

You'll learn to: • Build deeper understanding and appreciation of team member differences • Develop strong interpersonal connections and working relationships • Create unified team identity and culture • Enhance mutual support and collaboration • Establish sustainable practices for maintaining team cohesion

Time Management

Participants: Up to 12 | **Delivery:** In-person or virtual

Develop sustainable productivity systems that maximise effectiveness while maintaining work-life balance and personal wellbeing.

You'll learn to: • Create personalised productivity systems • Master prioritisation and decision-making frameworks • Develop energy management alongside time management • Build sustainable work habits and routines • Eliminate time-wasting activities and improve focus

Women in Leadership Programme

Duration: Multi-session programme + two individual coaching sessions per participant **Participants:** Small to large groups (adaptable) | **Delivery:** In-person or virtual

A comprehensive leadership development programme specifically designed to address the unique challenges and opportunities facing women in leadership roles.

You'll learn to: • Develop authentic leadership style and vision • Navigate gender-specific workplace challenges • Build resilience and confidence in leadership roles • Master advanced influence and negotiation skills • Create strategies for visibility and career advancement

Contact me to discuss how I can help you and your team.

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Programme Customisation & Delivery Options

Tailoring Process

1. **Pre-programme Consultation:** Understanding organisational context, challenges and objectives
2. **Needs Assessment:** Participant skill assessment and learning requirement analysis
3. **Content Customisation:** Adapting examples, case studies and exercises to your industry and context
4. **Delivery Design:** Optimal format selection based on learning objectives and practical constraints
5. **Follow-up Planning:** Implementation support and ongoing development pathway design

Available Formats

Executive Intensives: High-impact sessions for senior leadership teams

Department-Wide Training: Scaled programmes for larger groups

Leadership Development Tracks: Multi-session programmes with progressive skill building

Conference Workshops: Keynote presentations combined with interactive workshops

Additional Support Services

Post-Programme Coaching: Individual follow-up sessions for implementation support

Organisational Consultation: Strategic advice on culture change and development initiatives

Custom Programme Development: Bespoke training design for specific organisational needs